

Guardianship & Supported Decision-Making

Presented by: Katie Hestness

Katie Hestness brings over 11 years of experience in guardianship through her work at Lutheran Social Service of Minnesota, where she continues to serve. For six of those years, she held a supervisory role, leading a team of guardians. Currently, Katie serves as the Education Navigator for Supported Decision-Making, guiding individuals and professionals through alternatives to guardianship. She is a National Certified Guardian and has been a board member of the Minnesota Association of Guardianship and Conservatorship (MAGiC) for the past five years.

About The Training:

Explore the spectrum of decision-making support available to individuals who may need additional assistance in decision-making. Participants will gain a deeper understanding of supported decision-making (SDM) and guardianship. We'll examine how each approach can empower individuals while ensuring their rights and needs are respected.

- Individualized care for people under guardianship assures informed decision-making
- Combining restricted guardianship with supported-decision-making supports can lessen restriction of rights for some individuals, helping them retain as much autonomy as possible.
- Supported decision-making can help some individuals retain decision-making rights when appropriate supports are in place.

This training will be presented two times. Same training, two opportunities to attend. Both are being held in-person only. Details and registration links below!

First Session*



Thursday, April 9, 2026



9:30am - 11:00am



Wright County Government
Center ~ Room 1104
3650 Braddock Ave NE
Buffalo, MN 55313



[REGISTER HERE](#)



Second Session*



Thursday, April 16, 2026



1:30pm - 3:00pm



Great River Regional Library St.
Cloud ~ Mississippi Room
1300 W St. Germain Street
St. Cloud, MN 56301



[REGISTER HERE](#)



**Please note that there are separate links/QR codes for each training- be sure to register under the one you plan on attending.*

The trainings are FREE. But advance registration IS required!

These trainings are intended for those living with mental health issues, providers, family members, and community members who work in or are residents of Benton, Sherburne, Stearns, or Wright County.

A Certificate of Attendance will be provided for CEUs through the MN Board of Social Work to attendees at the end of the training.

These trainings are brought to you by:



Adult Mental Health Initiative
Benton, Sherburne, Stearns & Wright Counties
www.mnmentalhealth.org