



Are you an adult living in Sherburne County?

Are you battling loneliness, isolation, challenges with mental health or lack of community/peer support?

You're Invited to our **FREE** events!!



**These events will be taking place in the Maple Room at Sherburne County Government Center**

**March 18  
1-2:30PM**

**Popcorn and puzzles with Peach**

Meet Peach the Therapy Dog, enjoy popcorn, puzzles, and chat

**April 15  
1-2:30PM**

**Card Club**

Cribbage, rummy, Skip-Bo and more! Join for friendly competition and fun!

**May 20  
1-2:30 PM**

*May is Mental Health Month!*

**Mindfulness May**

Join us for mindfulness activities and mental health speaker

**June 17  
1-2:30 PM**

**Bingo and Bonding**

Play bingo, win prizes, bond with one another.



Questions? RSVP? Contact us at:  
**CSP@co.sherburne.mn.us** or **612-584-8017**

*Childcare is available through the YMCA Childcare on the second floor at this location*

13880 Business Center Drive NW Elk River, MN  
<https://www.co.sherburne.mn.us/>





Are you an adult living in Sherburne County?

Are you battling loneliness, isolation, challenges with mental health or lack of community/peer support?

You're Invited to our **FREE** events!!

These events will be taking place at the **1010 Community Outpost Building (1114 9th Ave. SE St. Cloud, MN 56303)**

**March 25**  
**5:30– 7 PM**

**Popcorn and puzzles with Peach**

Meet Peach the Therapy Dog, enjoy popcorn, puzzles, and chat

**April 22**  
**5:30– 7 PM**

**Card Club**

Cribbage, rummy, Skip-Bo and more! Join for friendly competition and fun!

**May 27**  
**5:30– 7 PM**

*May is Mental Health Month!*

**Mindfulness May**

Join us for mindfulness activities and mental health speaker

**June 24**  
**5:30–7 PM**

**Bingo and Bonding**

Play bingo, win prizes, bond with one another.

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