

SHERBURNE COUNTY ADULT MENTAL HEALTH LOCAL ADVISORY COUNCIL (LAC)

First time attendees are warmly welcomed!



- **WHO:** YOU and ME...anyone with an interest or a passion to learn more!
- **Let's Talk!** Share ideas...ask questions...and build connections!
- **Discover** invaluable resources and learn about local events!
- **Discuss** and identify what works/is not working in our mental health systems!
- **Find YOUR** voice to share your lived experiences!

When: The 2nd Thursday of odd numbered months: January 8, March 12, May 8, July 9, September 10, & November 12

Where: Options, Inc - 16820 197th Ave NW Big Lake (off hwy 10 near CentraCare clinic) or attend virtually!

Time: 10:00AM-11:30AM



**CONTACT FOR MORE INFORMATION:
AMH-LAC@co.sherburne.mn.us**

***NON-PROVIDERS MAY RECEIVE A STIPEND FOR ATTENDING**