

# SHERBURNE COUNTY ADULT MENTAL HEALTH LOCAL ADVISORY COUNCIL (LAC)

First time attendees are warmly welcomed!



- WHO: YOU and ME...anyone with an interest or a passion to learn more!
- Let's Talk! Share ideas...ask questions...and build connections!
- Discover invaluable resources and learn about local events!
- Discuss and identify what works/is not working in our mental health systems!
- Find YOUR voice to share your lived experiences!

**When:** The 2nd Thursday of odd numbered months:

January 8, March 12, May 7, July 9, September 10, & November 12

**Where:** Options, Inc - 16820 197<sup>th</sup> Ave NW Big Lake  
(off hwy near CentraCare clinic) or attend virtually!

**Time:** 10:00AM-11:30AM



**CONTACT FOR MORE  
INFORMATION:**

**AMH-LAC@co.sherburne.mn.us**

**\*NON-PROVIDERS MAY RECEIVE A STIPEND FOR ATTENDING**