

COMMUNITY SUPPORT PROGRAMMING EVENT SCHEDULE



***Free** events for Adults in Sherburne County who have lived experience with mental health. All events will be held from 1:00PM - 2:30PM at the Sherburne County Government Center- Maple Room*

SEP 23

SUICIDE PREVENTION

September is National Suicide Prevention Month, join us in conversation around breaking the silence and recognizing the warning signs and risk factors of suicide. We will also have an activity of creating cards for Inspiring My Generation 501(c)3

OCT 21

BINGO AND BONDING

Play bingo, win prizes, and bond with one another. Bring your friends or make some new ones!

NOV 11

POPCORN WITH PEACH

Meet Peach the Therapy Dog, enjoy popcorn, and chat. There will be an activity of creating cards for Cardz for Kidz.

LET US KNOW YOU'RE COMING - CALL/ TEXT 612-584-8017 OR
EMAIL US AT CSP@SHERBURNE.CO.MN.US